Recent Outbreaks of Highly Pathogenic Avian Influenza Virus in Chickens and Ducks in Egypt: Pathological Study

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Abstract—Clinically, chickens showed progressively developed clinical signs represented by severe cyanosis of the comb and wattles with hemorrhage at the shanks, depression, and ruffling feathers with loss of appetite and high daily mortalities. The ducks showed severe neurological signs as torticollus, seizures and inability to stand with mild signs of diarrhea and depression. Grossly, chickens showed hemorrhages and congestion in most of the organs particularly lung, liver, spleen, trachea and kidney. The examined ducks showed multiple petechial hemorrhages, multifocal hemorrhagic necrosis in the pancreas, pulmonary edema, congestion and hemorrhage in meninges and congestion in the skeletal muscles. Histopathology revealed severe congestion and hemorrhages in most of the organs particularly lung, liver and kidney. Microscopic erosive tracheitis, severe pulmonary congestion and perivascular oedema and lympho-granulocytic pneumonia were constant. The liver showed hepatocytes necrosis and lympho-granulocytic infiltration. The kidney showed renal tubular necrosis and diffuse congestion. Multifocal, neuronal necrosis, hemorrhages, multifocal glial nodules, lympho-histiocytic perivascular cuffing, and occasional neuronophagia were observed in the cerebrum. Other organs showed moderate changes.

Keywords—Chicken, Ducks, H5N1 Avian Influenza, Pathology

I. INTRODUCTION

On February 2006, infection with H5N1, HPAI was reported in Egypt among domestic poultry in more than 20 governorates, resulting in severe losses for the poultry industry; [1]. This sudden increase in H5N1 activity in Egypt occurred without prior identification of any deaths of wild birds in those regions. The Egyptian government initiated a poultry stamping out program and culled more than 34 million birds and implemented a poultry vaccination program. That efforts largely appeared to limit the outbreaks, however, H5N1, HPAIIV is now endemic in Egypt and recurrent outbreaks among poultry are likely and the number of human H5N1 infections in Egypt is the highest of any country outside Asia. [14], [23]. During the last few years several contradictory reports have been published denoting mutation of the strains prevalent in Egypt.

II. MATERIAL AND METHOD

All AI samples were collected between January 2009 and April 2011.

A. Chickens

A total number of 30 dead and diseased broiler chicken were collected from six diseased flocks, 5 case each, in addition to 25 samples collected from 5 backyards flocks from different villages in Damanhour governorate.

B. Ducks

A total number of 10 dead and apparently diseased ducks were collected from 5 diseased backyards flocks that were reared with the same infected backyards chickens flocks located in different villages in Behera governorate.

Dead and diseased chickens and ducks were necropsied. At necropsy a set of tissue specimens were collected from liver, lung, kidney, spleen, trachea and brain and immediately fixed in formal buffered saline 10% until used for histopathological examination. Another set of tissue specimens were aseptically collected from lungs and trachea for detection and identification of virus by immunochromatography, Hemagglutination (HA), Hemagglutination Inhibition (HI) and Real-time Polymerase chain reaction (RT-PCR).
C. Virus isolation and Identification

1. Sample Preparation

At necropsy, specimens from lungs and tracheae were collected from chicken and ducks naturally infected with HPAI H5N1 in Egypt between 2009 and 2011. The samples were separately homogenized in phosphate-buffered saline containing mixture of antibiotics and stored at -70°C till virus isolation was attempted.

2. Virus Isolation And Identification

For virus isolation, 11 day old specific pathogen-free Embryonated Chicken Eggs (ECE) were inoculated with the prepared tissue samples.

Detection of type A H5N1 avian influenza virus were carried out by Immunochromatography (IC kit, Animal Genetics, Inc.) by using newly established monoclonal antibodies according to [30], Hemaglutination (HA) and hemagglutination inhibition (HI) according to OIE Manual [23], and RT-PCR according to [16].

D. Post mortem And Histopathological Examination

Post mortem examination was performed on freshly dead and sacrificed birds. Tissue specimens of trachea, lungs, liver, pancreas, spleen, intestine, kidneys, brain, combs and muscles were collected from all dead and euthanized birds. The specimens were properly fixed in 10 % neutral buffered formalin, routinely paraffin processed and H&E stained according to [5].

III. RESULTS

A. Clinical Signs In Chickens

The clinical signs observed of the infected birds began with depression, ruffling feathers and loss of appetite, then followed by hemorrhage at the shanks with severe cyanosis and edema of the comb and wattles in most of them, some times included the whole head. Few chicken showed nervous signs. The affected birds then become recumbent unable to move and succumb.

Clinical signs in ducks: Regarding the naturally infected ducks, the most common signs were sinusitis, diarrhea and an increased mortality rate. Furthermore, there were severe nervous signs as drowsiness, ataxia, torticollis, circling, severe weakness and incoordination, inability to stand, seizures, with blindness, and greenish diarrhea, cloudy eyes, and ruffled feathers.

B. Gross Pathology

The mainly observed lesions characterized by hemorrhage and congestion of the internal organs. The skin and subcutaneous tissue showed focal congeion, trachea is focally hemorrhagic, lung showed severe congeion, brain is congested with enlargement of the kidney lobule and congestion. While in naturally infected ducks, the most consistent lesions were multiple petechial hemorrhages, multifocal hemorrhagic necrosis in the pancreas, pulmonary edema and congestion in the skeletal muscles. The brain showed congestion and hemorrhage in meninges.

C. Histopathological Findings

1. Chickens

Trachea showed multifocal desquamation of the epithelial lining the non desquamated cells showed multifocal deciliation (Fig.1). The lamina propria exhibited severe multifocal lymphocytic tracheitis with congestion of blood capillaries and interstitial edema.

The lung of all birds showed severe acute diffuse exudative interstitial pneumonia with heterophilic and mononuclear leukocytic cells infiltration. The bronchial mucosa had erosions and extensive inflammatory cells infiltrations in the underlying lamina propria with severe congestion of the blood vessels and severe edema around blood vessels and lung lobules (Fig. 2, 3). The adventitia of the pulmonary blood vessels showed severe edema with swelling and vacuolization of the lining epithelium. Focal hemorrhages with numerous inflammatory cells were noticed in the lung lobules. Occasional necrosis of ap capillary endothelium was also present.

Liver lesions were constantly found in all examined cases and varied only in severity, congestion of the sinusoids is with multifocal hemorrhage were marked and constant the heptocytes showed necrobiotic changes varied from vacuolar degeneration to massive multifocal lytic necrosis with heterophilic and mononuclear interstitial hepatitis and showing congestion, vasculitis, and perivascular lymphocytic infiltration. The portal areas showed irregular lymphohistiocytic inflammatory cells infiltrations (Fig. 4, 5).

The renal lesions of the most of the chicken were constant findings. The kidney had severe, diffuse renal tubule necrosis and moderate, multifocal heterophilic and lymphocytic tubulointerstitial nephritis. Tubular atrophy was sometimes detected. The renal glomeruli showed hypercellularity and congestion of the capillaries and close positioning (Fig.6, 7).

Brain: Histopathology. Diffuse lesions were present mainly in the cerebral gray matter and brain stem. There was moderate multifocal lymphocytic meningoencephalitis. In the cerebrum, multifocal, moderate to severe necrosis of neurons and glial cells and hemorrhages were found. Corresponding to these lesions, prominent multifocal glial nodules and occasional neuronophagia (Fig. 8) could be observed in the cerebral gray and white matter. The blood vessels showed multifocal perivascular cuffing with lymphocytes, purkinje cell layer degeneration (Fig. 9), fewer histiocytes, and small numbers of heterophilis. Additional extensive, multifocal to coalescent, irregularly shaped, moderately demarcated areas of liquefactive necrosis were found in the cerebrum, characterized by central complete loss of neuropil, leaving small amounts of pale eosinophilic material, and few finely vacuolated macrophages (gitter cells).

Spleen: the spleen had hyperplasia of phagocytic cells and many of them were vacuolated as well as severe congestion of
the red pulp with necrobiosis and depletion of lymphocytes in the lymphoid follicles.

**Pancreas:** There were hyperplasia of the excretory duct with congestion and focal necrosis of the pancreatic acini (Fig. 10).

**Heart:** thickening of the pericardium with severe congestion and multifocal myocardioc degeneration and lympho-histocytic inflammatory cell infiltration in-between the cardiac muscles bundles (Fig.11).

**Small intestine:** there were hemorrhages in the tips of villi. Enteritis with sloughing of the epithelial lining intestinal villi and focal mononuclear cell infiltrations were also detected .

**Proventriculus:** there were severe congested blood vessels with aggregates of inflammatory cells infiltration in the lamina propria.

**Gizzard:** focal sloughing of epithelial mucosa with congested blood vessels and leukocyte cell infiltration between muscles especially lymphocyte.

**Comb and Wattles:** marked edema and congestion and hemorrhage were prominent. Heterophils were aggregated within congested blood vessels and infiltrating the edematous loose subcutaneous tissue were also prominent (Fig.12).

2. Ducks

**Lung:** The lung showed variable lesions from congestion and interstitial edema to marked lymphocytic pneumonia with hemorrhage affecting the whole lobule. In some dead case, the lumens of primary bronchioles were filled with exudates, with desquamation of the bronchial mucosa and extensive inflammatory cells infiltrations in the underlying lamina propria and the surrounding air capillaries and interstitium, with severe congestion of the blood vessels, marked perivascular and interstitial edema were also present (Fig.13).

**Trachea:** The trachea showed multifocal desquamation of the epithelial lining, the non desquamated cells showed multifocal deciliation. The lamina propria exhibited moderate multifocal lymphocytic tracheitis with congestion of blood vessels (figs. 14).

**Liver:** The liver showed variable changes represented by mild congestion in some cases, with focal vacuolation of hepatocytes. There were mild focal necrosis of hepatocytes with mild increase in sinusoidal cellularity attributed to the combined presence of Kupffer cell hyperplasia, and increased numbers of mononuclear cells in the portal triads of liver, with severe distribution of fatty change within the hepatocytes (Fig.15).

**Kidney:** Mild to moderate congestion, with mild degeneration of renal tubules, and discrete foci of tubular epithelial necrosis were found in the kidney. Non supplicative interstitial nephritis with regenerating renal tubules with inflammatory cells infiltration were also noted.

**Brain:** Severe congestion of blood vessels with vacuolation, gliosis and neuronophagia and variable degree of encephalomalacia . The blood vessels showed multifocal perivascular cuffing with lymphocytes, purkinje cell layer degeneration, severe neuronal degeneration with encephalomalacia in the cerebrum (Figs.16-18).

**Spleen:** Severe congestion with mild lymphocytic depletion and necrosis of peri-arteriolar sheaths and lymphoid follicles were present in the spleen.

**Pancreas:** Although variable, pancreatic lesions were constant findings. It showed multifocal areas of acinar necrosis, congestion and hemorrhages with perivascular edema and hyperplasia of pancreatic duct. In severely affected cases, endocrine areas and a surrounding zone of normal exocrine tissue remained as islands in the otherwise diffusely necrosed, inflamed and hemorrhagic pancreatic tissue (Fig. 19, 20).

**Heart:** Multifocal hemorrhage and mild degeneration of the myocardium, and lympho-histocytic inflammatory cells infiltration in-between the cardiac muscles bundles were often detected (Fig. 21).

**Small intestine:** Mild to moderate mucosal necrosis, sloughing of the epithelial lining intestinal villi, fusion of the villi tips and focal mononuclear and heterophilic cell infiltrations in the lamina propria were all detected in duodenum.

IV. DISCUSSION

Natural infection of chickens and ducks in the present study was rapidly diagnosed by immunochromatography and RT-PCR. The sub-typing of the infective virus was confirmed by HA and HI using monospecific antisera against H5 and N7 subtypes antigens. The reliability of rapid diagnosis of type A AI was proved [16], [33]. Sensitivity and specificity of the RT-PCR compared with Virus isolation, (VI) were 95.4% and 86.6%, respectively. [19]. Reference [8] compared RT-PCR and Directigen ® diagnostic kit with VI on specimens collected from experimentally infected birds and indicated a good correlation between the results of the three tests.

The present study clearly proved that farmed broiler chickens was as susceptible to the circulating clade / clades of H5N1 HPAIV as the non vaccineted backyards reared chicken and ducks, in Behera governorate, Egypt. These naturally infected chicken exhibited acute fatal disease characterized by clinical signs in complete agreement with the former results of HPAI virus formerly isolated [12], [22]. Occurrences of the disease in farmed chicken could be attributed to vaccination strategy failure as have been reached by [4].

The clinical signs in the affected chickens were depression with cyanosis of the comb and wattles, facial edema and hemorrhages on shanks and feet with high mortality sometimes reached to 100%. These findings were gone parallel with those observed by [20]. On post mortem examination, severe hemorrhages at multiple organs were frequent in chickens infected with highly pathogenic avian influenza, (H5N1) viruses as previously observed [21].

In a former studies on chicken and turkeys, macroscopic and microscopic lesions caused by HPAI infections were dominated by acute hemorrhages, oedema and necrosis (e.g. oedema in the skin of the head, neck and legs, and in lungs; hemorrhages in the skin, under serous membranes, in the...
mucosa, and pectoral muscles; necrosis in the skin, pancreas, spleen and heart [1], [2], [17], [28].

Focal hemorrhages, perivascular edema, severe congestion of myocardial blood vessels with necrotic damage of the vascular wall, with degeneration of myocardial bundles and inflammatory cells infiltration were recorded in infected chickens. These findings were in agreement with former reports [15]; They also suggested that HPAIV had strong tropism for the cardiovascular system principally vascular endothelium. These well-developed lesions in the heart and together with the lesions reported in cardiovascular system and/or, brain, could be responsible singularly or collectively for illness and death of the affected birds as have been reached by [27].

In the present study, microscopic examination of the kidney revealed focal hemorrhage, congestion, with degeneration and necrosis of renal tubules and interstitial infiltration with mononuclear leucocytes; which apparently disagree with some earlier reports of AI infection [1], [16]. They reported that; with HP AIVs, kidney lesions were a minor or absent feature. On the other hand [23] stated that, the kidney was a significant site of lesion production and AI virus replication. In our opinion, a portion of this variation may be attributed to differences in host age, route of inoculation, and virus inoculum dose. However, in some other studies [32] reported that, the lack of kidney lesions in dead birds were attributed to early and rapid virus replication, injury, and death to significant cell populations in critical organs, such as heart, brain, or capillary beds. This would result in peracute death before pathobiological and clinical manifestations of kidney tropism and pathogenicity could occur. Moreover, extensive damage to kidneys could result in clinical illness and death if the majority of kidney is acutely involved, but the pathogenesis requires a sufficiently long survival period to produce acute to subacute renal failure and death.

On the other hand, [24] reported that virulent forms of HPAI (H5N1) were characterized by a highly fatal systemic infection that spreads to most organ systems including the cardiovascular and nervous systems. Again, [20] mentioned that the most consistent and severely affected organ by this virus were lung, kidney and brain, severity of the lesions in each organ was probably related to tissue tropism. Moreover, [25] indicated that gallinaceous species were highly susceptible to infection and the pathogenesis of HPAI (H5N1) viral infection in these species relates to a combination of factors, including cardiovascular dysfunction caused by endothelial activation and disruption, leukocyte activation, and systemic cytokine release; cardiopulmonary failure; and/or multiorgan failure.

Severe congestion of the myocardial blood vessels, edema with focal extravasations of the blood cells, inflammatory cells infiltration and degeneration in the myocardium bundles were recorded in chickens could be related to strong tropism of HPAIV for vascular endothelium of the cardiovascular system [15].

In the present study Avian influenza viruses was highly pathogenic in chickens and also cause clinical disease and death in ducks, as ducks showed hemorrhage in the brain with vacuolation and congestion of the blood vessels and that is not parallel with [27]. as they mentioned that the highly pathogenic avian influenza virus is more pathogenic in chickens and did not cause clinical disease or death in ducks or wild aquatic bird. However, the histopathological findings in ducks were multifocal, moderate-to-severe necrosis of the neurons and glial cells and occasional neuronophagia with multifocal lymphocytic perivascular cuffing were observed in cerebral gray matter of infected ducks [31].

Severe inflammatory cells infiltration, congested blood vessels and ulceration of the mucosal epithelium of the trachea, massive inflammatory cells infiltration in lung, edema in the adventitia, and vacuolated swelling of the lining endothelium of the pulmonary blood vessel were all detected in ducks. The shortly mentioned findings are in contrary with [22], they recorded no lesion in the trachea or in the air capillary and blood capillary of the lung. Moreover, Most studies ducks’ resistance to infection with influenza virus was emphasized after experimental infection with H5N1 influenza virus [9]. On the other hand neurological signs with blindness and mortality are in agreement with [7], [11] during outbreaks of HPAI viruses infection.

V. CONCLUSION

We could finally conclude that, Occurrence of the disease in farmed vaccinated chickens indicate without doubt failure of vaccinations strategy, or failing of vaccination procedure adopted by agriculture authorities, and both should be reconsidered as have been previously reported. Based upon the results of the present investigation, we could conclude that, the pathological and immunohistochemical changes observed in this study were similar to those described in similar and other bird species infected with HPAI virus. In addition; Absence of Fibrinopurulent inflammation of the upper respiratory tract, sinuses, air sacs or reproductive organs that are typical for infections by avian influenza strains of low pathogenicity, indicate that AI virus strains now circulating among birds in Egypt are highly pathogenic and the results of experimental work in the present investigation tell us that, the mutations that do occurred to the virus in the last years as reported by [3], [10] did not reduced it’s virulence, pathogenicity or the pathological picture of the virus in the affected bird species.
Fig. 1 Trachea showing desquamation of the epithelium, multifocal lymphocytic infiltration of lamina propria, edema and congestion (H&E X100)

Fig. 2 Lung of chicken showing severe congestion, perivascular edema, focal hemorrhage, and numerous inflammatory cells (H&E X40)

Fig. 3 Lung of a chicken showing interstitial pneumonia with hetero-lymphocytic infiltrations (H&E X400)

Fig. 4 showing severe necrosis of the hepatocytes (H&E X400)

Fig. 5 Liver of chicken showing congestion, vasculitis, and perivascular lymphocytic infiltration (H&E X400)

Fig. 6 Kidney of a chicken showing degeneration and necrosis of renal tubules with acute tubulo-interstitial nephritis (H&EX400)
Fig. 7 Kidney showing hypercellularity and close positioning of the glomeruli with degeneration of renal tubules (H&E X400)

Fig. 8 Brain of chicken showing multifocal gliosis and neuronophagia (H&E X400)

Fig. 9 Brain of a chicken showing Purkinje cell layer degeneration (H&E X400)

Fig. 10 Pancreas showing focal necrosis of the pancreatic acini (H&E X400)

Fig. 11 Heart of chicken showing multifocal degeneration of the myocardium and lympho-histocytic inflammatory cell infiltration between the cardiac muscles bundles (H&E X400).

Fig. 12 Comb and Wattles showing marked edema, congestion hemorrhages, and perivascular heterophilic infiltration (H&E X400).
Fig. 13 Lung of a duck showing lymphocytic pneumonia with congestion of the blood vessels and perivascular edema (H&E X100)

Fig. 14 Trachea of a duck showing catarrhal tracheitis, notice submucosal edema and mild leukocytic infiltrations (H&E X400)

Fig. 15 Liver of a duck showing marked fatty vacuolization with perivascular leukocytic cell infiltrations (H&E X400)

Fig. 16 Brain of a duck showing demyelination and mild gliosis of the cerebral white matter (H&E X400)

Fig. 17 Brain of a duck showing neuronal degeneration focal gliosis and perivascular cuffing in cerebrum (H&E X400)

Fig. 18 Brain of a duck showing Purkinje cell layer degeneration (H&E X400)
Fig. 19 Pancreas of a duck showing severe necrosis of pancreatic acini with severe heterophilic and mononuclear cell infiltration (H&E X400)

Fig. 20 Pancreas of duck showing focal necrosis of pancreatic acini (H&E X400)
REFERENCES


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